



THE EPISCOPAL CHURCH OF

# St. John in the Wilderness

— Est. 1836 —

St. John in the Wilderness Trail  
Project 2025

## **Opening Prayer**

**Lord Father and creator of all,**

**We come to you deeply grateful for your creation.**

**Nature around us speaks to your greatness.**

**The vast expanse of the mountains, lakes, streams, fields, and flowers speaks of your great design.**

**We ask today that our endeavors enhance the beauty and sacredness of St. John in the Wilderness for generations to come.**

**In your name, we pray.**

**Amen**









LONG  
CANE  
TRAILS



**Professional  
TrailBuilders**  
ASSOCIATION

**Long Cane Trails**

P.O. Box 1701

Pisgah Forest, NC 28768

**Phone Number:**

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Rider Built • Rider Approved



Map Legend

- 1 High Rocks Climb
- 2 Evergreen
- 3 First In Flight
- 4 Connector Trail
- 5 Rhodo Ruckus
- 6 GNCC
- 7 Bee Keeper
- 8 Deadwood
- 9 Tortuga
- 10 Hemlock Epoch
- 11 Paint It Black
- 12 Southeast Style
- 13 Natural Selection
- Copperhead Road
- Road Crossing
- Information Kiosks



- BEGINNER
- INTERMEDIATE
- ADVANCED
- FREESTYLE TERRAIN

NEW RIDERS

If you're new to the park, all riders should ride 'Evergreen' back down to the base. Repeat until you feel comfortable on your bike and with the trail. This is the easiest way down.

- 2 Evergreen

EXPERIENCED RIDERS

Once you've conquered the Green Trails, the Blue Trails are next on the list. These trails will start to include features.

- 5 Rhodo Ruckus
- 6 GNCC
- 7 Bee Keeper
- 8 Deadwood

ADVANCED RIDERS

The advanced trails are the most challenging on the mountain. There are lots of features, which may be mandatory. Ride with caution.

- 10 Hemlock Epoch
- 11 Paint It Black
- 13 Natural Selection

FREERIDERS

Freeride trails are machine-made trails and contain man-made features. Jumping skills are required to ride these trails.

- 3 First In Flight
- 7 Tortuga
- 10 Southeast Style

THE RIDES

**PRE-RIDE** Wake up the brain and body. Inspect the trail at low speed.

**RE-RIDE** Lap the trail a few times to get the flow of the features.

**FREE-RIDE** Start small and work your way up to faster speeds and larger features.

EMERGENCIES

You might not be able to anticipate an accident, but you can at least be prepared for one. For all emergencies, please call 911. Tell them your exact location in the park. If possible, move to the side of the trail. After, call the park to let them know about the incident: 828.513.0002.

**ALL RIDERS MUST PURCHASE LAND USE PASS AND SIGN WAIVER BEFORE ENTERING TRAIL SYSTEM**

# BELL PARK TRAILS

2000 ft

Green River

Green River



Elk Vie

Nature Trail  
Small Loop  
0.3 mi

Nature Trail  
Connector  
0.3 mi

YOU ARE HERE

Nature Trail  
Big Loop  
0.9 mi

2178 ft

2173 ft

2300 ft

2000 ft

Overlook Trail  
0.3 mi

2176

**Legend**

- Overlook Trail (blue dashed line)
- Nature Trail (red dashed line)
- Kiosk (blue circle with question mark)
- Parking Area (blue car icon)
- Bridge (black bridge icon)
- Observation Deck (yellow binoculars icon)
- Henderson County Open Space (black outline)



Tennessee  
GOVERNMENT CALL  
615-979-4884

### Welcome to Bell Park!

Overlook Trail is  
located in  
Bell Park



### Park Rules

- Pets - LEASED ONLY
- No Alcohol or Drugs
- No Smoking
- No Hunting
- No Feeding Wildlife
- No Camping
- No Overnight Parking
- No Open Fires
- No Glass Containers
- No Loud Music
- No Loud Parties
- No Large Groups
- No Large Events
- No Large Gatherings
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- No Large Gatherings

### ¡le damos la bienvenida a Bell Park!

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